

Circle of Security Parenting in Whyalla



Photo: Jackal-of-all-Trades, Family in Tall Grass

**Come and join us for a FREE
8 week parenting program**

Thursday, 8th February - 29th March 2018

Days: Thursdays

Time: 1pm - 2.30pm

Venue: Whyalla Public Library, Ekblom Street, Whyalla Norrie

Cost: FREE

This 8-week program runs for one-and-a-half hours each week and offers the core components of the Circle of Security Parenting program.

Circle of Security Parenting provides a practical roadmap to assist adults in building stronger relationships with their children.

This course will cover a range of topics including:

- How to interpret and understand your child's behaviour
- How to help your child organise their feelings
- How to help your child feel secure in their relationships
- How to help your child engage more in play and learning
- How to navigate your way in your role as a parent when times are tough
- How to support your child in managing difficult behaviours e.g. tantrums, attention seeking, being clingy.

There will be a crèche available for this group. Refreshments will be provided.

**For enquiries and
bookings please contact:**

Carmen: 0481441 122

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**"It's never too late.
As we are learning
new ways of
parenting,
good things will
happen for both us
and our children."**

Circle of Security Parenting

Gowrie

South Australia

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