

Wednesdays, 9th August to 27th September 2017

Time: 6pm - 7.30pm

Venue: Seaton North Neighbourhood Centre, Cnr Cairns Ave & Pedlar St, Seaton

Cost: FREE

Fathers and male caregivers are invited to join this free 8-week program offering the core components of the evidence-based and internationally acclaimed Circle of Security Parenting Program.

Led by our experienced program facilitators, Circle of Security Parenting for Fathers provides men with a practical roadmap to assist them in building stronger relationships with their children.

This course will cover a range of topics including:

- · How to interpret and understand your child's behaviour
- How to help your child organise their feelings
- How to help your child engage more in play and learning
- How to navigate your way as a parent when times are tough
- How to support your child in managing difficult behaviours e.g. tantrums, attention seeking, being clingy.

Circle of Security Parenting for Fathers is a part of Gowrie SA's Fatherhood Support Project. Please feel free to contact us with any enquiries or to book into the group.

"It's never too late.
As we are learning new ways of parenting, good things will happen for both us and our children."

Circle of Security Parenting Cooper,G; Hoffman, K; Powell, B.

For enquiries & bookings

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