

# Circle of Security Parenting

For parents of children  
*living with autism*

This 8-week program runs for 1.5 hours each week and is a parent education program offering the core components of the evidence-based and internationally acclaimed Circle of Security Parenting protocol.

This course uses attachment theory and the Marte Meo approach to build on the strengths of families of children living with autism, using group discussion and DVD examples. Circle of Security Parenting provides a roadmap to assist adults build stronger relationships with their children. The program is particularly valuable when family members participate together.

## Covering a range of topics including:

- ▶ How to interpret and understand your child's behaviour
- ▶ How to help your child organise their feelings
- ▶ How to help your child feel secure in their relationships
- ▶ How to help you discover the strengths in your child and in yourself
- ▶ How to navigate your way in your role as a parent when times are tough
- ▶ How to support your child in managing difficult behaviours, tantrums and meltdowns
- ▶ How to approach and assist your child and yourself with the above.

*Special price*

**\$50.00**

per participant  
(normally \$200)

## Program dates in 2017\*

Tuesdays: **16th May - 4th July** | 10am - 11.30am

Tuesdays: **1st August - 19th September** | 10am - 11.30am

Tuesdays: **24th October - 12th December** | 10am - 11.30am

**Location:** Gowrie SA 39a Dew Street, Thebarton

**Cost:** \$50.00 per participant

**Please call us on 8234 5219 for information or to book for a Circle of Security 8 week program.**

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parenting  
programs at  
Gowrie SA...*

**Visit our website**

*Gowrie*

South Australia

\*A crèche will not be available for these groups.  
Funding for this program has been provided by Grants SA