

Circle of Security Parenting

For parents of children
living with autism

This 8-week program runs for 2 hours each week and is a parent education program offering the core components of the evidence-based and internationally acclaimed Circle of Security Parenting protocol.

This course translates attachment theory in an accessible way to build on the strengths of families of children living with autism, using group discussion and DVD examples. Circle of Security Parenting provides a roadmap to assist adults build stronger relationships with their children. The program is particularly valuable when family members participate together.

Covering a range of topics including:

- ▶ How to interpret and understand your child's behaviour
- ▶ How to help your child organise their feelings
- ▶ How to help your child feel secure in their relationships
- ▶ How to help you discover the strengths in your child and in yourself
- ▶ How to navigate your way in your role as a parent when times are tough
- ▶ How to support your child in managing difficult behaviours, tantrums and meltdowns
- ▶ How to approach and assist your child and yourself with the above.

Special price

\$50.00

per participant
(normally \$200)

Program dates in 2017*

Choice of morning or evening session

Tuesdays: **24th October - 12th December** | 10am - 12.00pm

Wednesdays: **25th October - 13th December** | 5.30pm - 7.30pm

Location: Gowrie SA 39a Dew Street, Thebarton

Cost: \$50.00 per participant

Please call us on 8234 5219 or email: parenting@gowriesa.org.au
for **information** or to **book** for a Circle of Security 8 week program.

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parenting
programs at
Gowrie SA...*

Visit our website

Gowrie

South Australia

*A crèche will not be available for these groups.
Funding for this program has been provided by Grants SA