



Whyalla

"It's never too late. As we are learning new ways of parenting, good things will happen for both us and our children."

Circle of Security Parenting

# Circle of Security Parenting

Come and join us for a FREE 8 week parenting program

Thursdays  
29 April –  
24 June 2021

Time 1.00pm - 2:30pm

Venue Mission Australia Group Room  
80B Essington Lewis Ave, Whyalla

Cost FREE

For enquiries & bookings

Carmen

Phone: 0481 441 122

Email: [carmen.collins@gowriesa.org.au](mailto:carmen.collins@gowriesa.org.au)

Working hours: Monday from 1pm

Wednesday 9-1pm and all day Thursday

This 8-week program runs for one-and-a-half hours each week and offers the core components of the Circle of Security Parenting program. Circle of Security Parenting provides a practical roadmap to assist adults in building stronger relationships with their children.

**This course will cover a range of topics including:**

- How to interpret and understand your child's behaviour
- How to help your child organise their feelings
- How to help your child feel secure in their relationships
- How to help your child engage more in play and learning
- How to navigate your way in your role as a parent when times are tough
- How to support your child in managing difficult behaviours e.g. tantrums, attention seeking, being clingy.

There will be a crèche available for this group. Refreshments will be provided.



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