



Whyalla

"It's never too late. As we are learning new ways of parenting, good things will happen for both us and our children."

Circle of Security Parenting

Circle of Security Parenting

Come and join us for a **FREE** 8 week parenting program

Thursdays, 26th October -
14th December 2023

Time 1:00pm - 2:30pm

Venue 34 Loveday Street, Whyalla Norrie

Cost **FREE**

For enquiries & bookings

Phone: Carmen 0481 441 122

Email: carmen.collins@gowriesa.org.au

*Working hours: Monday from 1pm Wednesday
9-1pm and all day Thursday*

This 8-week program runs for one-and-a-half hours each week and offers the core components of the Circle of Security Parenting program. Circle of Security Parenting provides a practical roadmap to assist adults in building stronger relationships with their children.

This course will cover a range of topics including:

- How to interpret and understand your child's behaviour
- How to help your child organise their feelings
- How to help your child feel secure in their relationships
- How to help your child engage more in play and learning
- How to navigate your way in your role as a parent when times are tough
- How to support your child in managing difficult behaviours e.g. tantrums, attention seeking, being clingy.

There will be a crèche available onsite for this group. Refreshments will be provided.

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